



let A, B near bottom coupling  
C, D near top coupling

let distance along loop be  $s$ .

$$\therefore \begin{cases} \frac{dE(2\omega)}{ds} = + \frac{s}{\pi r} E^2(\omega) \\ \frac{dE(\omega)}{ds} = - \frac{s}{\pi r} E(\omega)E(2\omega) \end{cases}$$

(This is from  $|E(2\omega)|^2 + |E(\omega)|^2 = \text{const.}$ )

$$\Rightarrow 2E(2\omega) \frac{dE(2\omega)}{ds} + 2E(\omega) \frac{dE(\omega)}{ds} = 0$$

Let  $E(2\omega, A)$  and  $E(\omega, A)$  be respective amplitudes at A

$$\therefore \frac{dE(2\omega)}{ds} = \frac{s}{\pi r} (E^2(2\omega, A) + E^2(\omega, A) - E^2(2\omega))$$



Solving the ODE,

$$\frac{1}{\sqrt{E^2(2w, A) + E^2(w, A)}} \arctan\left(\frac{E(2w)}{\sqrt{E^2(2w, A) + E^2(w, A)}}\right) = \frac{\delta}{\pi r} s + C'$$

Set upper boundary at C

$$\therefore E(2w, C) = \sqrt{E^2(2w, A) + E^2(w, A)} \tanh\left(\frac{\delta \sqrt{E^2(2w, A) + E^2(w, A)}}{A_0} + \arctan\left(\frac{E(2w, A)}{\sqrt{E^2(2w, A) + E^2(w, A)}}\right)\right)$$

let  $A_0 = \sqrt{E^2(2w, A) + E^2(w, A)}$ , and apply

$$\begin{cases} E(2w, C) = A_0 \tanh\left(\frac{\delta A_0}{A_0} + \arctan\left(\frac{E(2w, A)}{A_0}\right)\right) \\ E(w, C) = A_0 \operatorname{sech}\left(\frac{\delta A_0}{A_0} + \arctan\left(\frac{E(2w, A)}{A_0}\right)\right) \end{cases}$$

Due to coupling to the upper straight fibre

$$E(2w, D) = \sqrt{1 - \alpha^2} E(2w, C)$$

$$E(w, D) = \sqrt{1 - \alpha} E(w, C)$$

$$\text{let } D_0 = \sqrt{E^2(2w, D) + E^2(w, D)}$$

Similarly we have

$$\begin{cases} E(2w, B) = D_0 \tanh\left(\frac{\delta D_0}{D_0} + \arctan\left(\frac{E(2w, D)}{D_0}\right)\right) \\ E(w, B) = D_0 \operatorname{sech}\left(\frac{\delta D_0}{D_0} + \arctan\left(\frac{E(2w, D)}{D_0}\right)\right) \end{cases}$$



Notice that intensities at B and at A are related.

Since light from input coupled into circular ring and light from B to A would interfere constructively ( $2\pi r = n\lambda$ )

$$\therefore \sqrt{1-\alpha} E(\omega, B) + \sqrt{\alpha} E(\omega, A) = E(\omega, A)$$

$$\text{and } E(2\omega, A) = \sqrt{1-\alpha^2} E(2\omega, B)$$

We can express intensities at B by  $A \rightarrow C \rightarrow D \rightarrow B$ ,  
we now have relations  $B \rightarrow A$

so we can have enough equations to solve for the system.



$$\text{Call } \sqrt{1-\alpha} E(w, B) + \sqrt{I_0 \alpha} = E(w, A) \quad \text{B.C. 1}$$

$$E(2w, A) = \sqrt{1-\alpha^2} E(2w, B) \quad \text{B.C. 2}$$

Expanding B.C. 1 :

$$-\alpha^2 E(2w, A) + \sqrt{1-\alpha^2} (E^2(w, A) - \alpha E^2(w, A) + \sqrt{1-\alpha^2} E^2(w, A)) \delta + O(\delta^2) = 0$$

$$\therefore E(2w, A) \approx \frac{\sqrt{1-\alpha^2} (1-\alpha + \sqrt{1-\alpha^2}) E^2(w, A)}{\alpha^2} \delta$$

Expanding B.C. 2 and substitute  $E(2w, A)$  in terms of  $E(w, A)$

$$-\alpha E(w, A) + \sqrt{\alpha I_0} = E^3(w, A) \frac{(1-\alpha) \sqrt{1-\alpha^2} (1+\sqrt{1-\alpha^2}) (1-\alpha + \sqrt{1-\alpha^2}) \delta^2}{\alpha^2}$$

$$\therefore -\alpha E(w, A) + \sqrt{\alpha I_0} \approx \frac{4\delta^2}{\alpha^2} E^3(w, A) \quad (\dagger)$$

$$\begin{aligned} E(2w, T) &= \frac{\sqrt{\alpha^2}}{\sqrt{1-\alpha^2}} E(2w, A) \\ &= \frac{(1-\alpha + \sqrt{1-\alpha^2}) E^2(w, A) \delta}{\alpha} \approx \frac{2\delta}{\alpha} E^2(w, A) \end{aligned}$$

$$\therefore E^2(w, A) = \frac{\alpha E(2w, T)}{2\delta}$$

substitute to  $(\dagger)$

$$-\alpha \sqrt{\frac{\alpha E(2w, T)}{2\delta}} + \sqrt{\alpha I_0} = \frac{4\delta^2}{\alpha^2} \frac{\alpha E(2w, T)}{2\delta} \sqrt{\frac{\alpha E(2w, T)}{2\delta}}$$

$$\sqrt{I_0} = \sqrt{E(2w, T)} \left( \frac{\alpha}{\sqrt{2\delta}} + \frac{E(2w, T) \sqrt{2\delta}}{\alpha} \right)$$



Using Arithmetic mean - Geometric mean inequality

$$\sqrt{I_0} = \sqrt{E(2W, T) \left( \frac{\alpha}{\sqrt{2}\delta} + \frac{E(2W, T)\sqrt{2}\delta}{\alpha} \right)}$$

$$\geq \sqrt{E(2W, T)} \cdot 2 \sqrt{\frac{\alpha}{\sqrt{2}\delta} \frac{\sqrt{2}\delta}{\alpha} E(2W, T)}$$

$$\therefore E(2W, T) \leq \frac{\sqrt{I_0}}{2}$$

$$I_m = E^2(2W, T)_{\max} = \frac{I_0}{4}$$

Equality holds when  $\frac{\alpha_m}{\sqrt{2}\delta} = \frac{E(2W, T)\sqrt{2}\delta}{\alpha_m}$

$$\therefore \alpha_m^2 = 2\delta E(2W, T) = 2\delta \cdot \frac{\sqrt{I_0}}{2} = \delta\sqrt{I_0}$$

$$\therefore \alpha_m = \sqrt{\delta\sqrt{I_0}}$$

final answer:

$$I_m = \frac{I_0}{4}$$

$$\alpha_m = \sqrt{\delta\sqrt{I_0}}$$



## A simpler but more hand-wavy approach

Because  $\delta E^2 \ll 1$   
so  $E(2\omega)$  and  $E(\omega)$  does not change much in the ring  
they stabilize at high values, only marginal change.

Conserve total output energy:

$$2\alpha^2 E^2(2\omega) + \alpha E^2(\omega) + (\sqrt{\alpha} E(\omega) - \sqrt{1-\alpha^2} \sqrt{I_0})^2 = I_0$$

since  $\alpha \ll 1$

$$2\alpha^2 E^2(2\omega) + \alpha E^2(\omega) + (\sqrt{\alpha} E(\omega) - \sqrt{I_0})^2 = I_0 \quad (1)$$

Energy output by second harmonic is essentially lost from main-wave

$$\Delta \text{Energy} = 2\alpha^2 E^2(2\omega) = 2E(2\omega) \cdot (2\delta E^2(\omega))$$

$$\therefore \frac{E(\omega)}{E(2\omega)} = \frac{\alpha^2}{2\delta} \quad (2)$$

$$\text{from (1): } \alpha^2 E^2(2\omega) = \frac{I_0}{2} - \frac{\alpha E^2(\omega) + (\sqrt{\alpha} E(\omega) + \sqrt{I_0})^2}{2}$$

$\sqrt{\alpha} E(\omega) > 0$ ,  $\sqrt{I_0} - \sqrt{\alpha} E(\omega) > 0$  (energy conservation)

using AM-QM inequality

$$\alpha^2 E^2(2\omega) \leq \frac{I_0}{2} - \left( \frac{\sqrt{\alpha} E(\omega) - \sqrt{\alpha} E(\omega) + \sqrt{I_0}}{2} \right)^2$$

$$\alpha^2 E^2(2\omega) \leq \frac{I_0}{2} - \frac{I_0}{4} = \frac{I_0}{4}$$

$$\therefore I_M = \frac{I_0}{4} \quad \text{when } E(\omega) = \frac{\sqrt{I_0}}{2\sqrt{\alpha}}$$

back to (2):

$$\frac{\frac{I_0}{4\alpha}}{\frac{I_0}{2\alpha}} = \frac{\alpha_M^2}{2\delta}$$

$$\alpha_M^2 = \delta \sqrt{I_0}$$

$$\therefore \alpha_M = \sqrt{\delta \sqrt{I_0}}$$

$\therefore$

$$\boxed{\begin{aligned} \alpha_M &= \sqrt{\delta \sqrt{I_0}} \\ I_M &= \frac{I_0}{4} \end{aligned}}$$



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19
20 d2=np.sqrt(1-a**2)*c2
21 d1=np.sqrt(1-a)*c1
22
23 b2=np.sqrt(d1**2+d2**2)*np.tanh(S*np.sqrt(d1**2
24 b1=np.sqrt(d1**2+d2**2)/np.cosh(S*np.sqrt(d1**2
25
26 newa2=b2*np.sqrt(1-a**2)
27 newa1=np.sqrt(1-a)*b1+np.sqrt(J*a)
28
29
30
31 return newa1,newa2
32
33
34
35
36 a1=np.sqrt(J)
37 a2=0.0
38
39 a=0.0178
40
41
42
43 def I(a,sa1,sa2):
44     crit1,crit2=alooop(sa1,sa2,a)
45
46
47
48     while abs(crit1-sa1)+abs(crit2-sa2)>0.00001:
49         sa1=abs((sa1+crit1)/2)
50         sa2=abs((sa2+crit2)/2)
51         crit1,crit2=alooop(sa1,sa2,a)
52
53     return (a**2*crit2**2/(1-a**2),crit1,crit2)
54
55
56 N=100
57
58 x=[""]*N
59 y=[""]*N
60 for i in range(N):
61     x[i]=i/N*0.08
62     (y[i],a1,a2)=I(x[i],a1,a2)
63
64 matplotlib.pyplot.plot(x,y)

```

